

ROUND ROCK HIGH SCHOOL



2023-2024

Cheer Addendum

This manual is specific to the expectations of Round Rock High School. Please refer to the RRISD Cheer Handbook for all district policies that will also be enforced on our campus.

I. GENERAL INFORMATION

A. Dates/Schedule

- a. Mandatory Stunt Clinic: May 13th, 2023, time TBD
- b. Summer Dates: Please block off May 22nd - June 5th for various activities (this includes evenings and weekends)
- c. Freshman Orientation: Date TBD (usually end of July, beginning of August). It will be mandatory for both teams to participate. Freshmen cheerleaders will need to communicate their orientation date to coaches in order to not receive consequences for missing cheer activities.
- d. Before School Practices: August 7th - August 15th
- e. Thanksgiving/Winter Break: football playoffs occur during this time, as well as UIL practices; attendance is mandatory for ALL program members.
- f. Playoffs: playoff information varies from week to week, and we often find out details last minute. Attendance is mandatory at playoff games.
 - i. Varsity *and* Junior Varsity will cheer at football playoff games
 - ii. In the event that Varsity is unable to cheer at volleyball playoffs, Junior Varsity will be required to cheer.
- g. Fall Cheer Clinic: please keep all weekends during football season available; including the bye weekend
- h. UIL: Regional Competition in the fall (mandatory), State Competition in January (mandatory)
 - i. ALL program members are eligible for the UIL team, and should remain available for all practice/competition dates. The UIL team will be made up of 30 members, and alternates. UIL team selections will be made by the coaching staff. Coaching staff has the right to remove any member from the UIL team if necessary.
 - ii. Choreography day is mandatory for ALL program members. Choreography will be TBD.
- i. Morning Practices: We will have morning practices every Monday and Thursday from 7AM-8:30AM.
 - i. Morning Practice will mostly be used for our UIL routine. Any member who receives an unexcused absence from a morning practice will receive 1 strike and will make up conditioning upon return. If no communication is given from the athlete prior to the missing practice, that member will receive 2 strikes.
 - ii. Excused absence is allowed in cases of funeral, Doctor's note, or special school activities with advanced approval from the coach. Coaches will need a doctor's note within a day of the absence.

B. Camp Information

- a. UCA Camp Dates: June 1st - June 4th (subject to change)
- b. Camp Location: The University of Texas at Austin (subject to change); it is an overnight camp, and we will stay in a dorm on campus
- c. **Camp is mandatory**; any member not able to attend will receive 2 strikes per day they miss.

C. Transportation

- a. Members will abide by all school transportation rules, procedures, and safety guidelines.
- b. Leaving a game/event with a parent/guardian is strongly discouraged, and is permitted only with written approval submitted 48 hours prior to the game/event.

D. Injuries

- a. If an injury occurs, the athlete will be referred to the training staff. Athletes will not be allowed to return to practice until cleared from the RRHS training staff.

II. EXPECTATIONS

A. Attitude/Behavior

- a. Members are expected to handle themselves in a professional manner at all times.
- b. Members are expected to be respectful to any person they interact with; including, but not limited to: peers, teammates, coaches, teachers, adults, school administration, and other community members.
- c. Members are expected to listen and pay attention when their leadership or coach is speaking.
- d. Members are expected to respect decisions made by leadership and coaches, and know that decisions are made based on what is best for the program as a whole. Any issue or concern should be addressed in a private setting, and not at practices, games, or other events.

B. Squad Leadership

- a. After tryouts, coaches will provide a leadership packet to those interested in applying. The packet will lay out what applicants will need to do in order to fulfill the requirements of the application.
- b. Leadership roles/duties will be assigned based on the applicants, and needs of the program.

III. DISCIPLINE POLICY

A. Merit Policy

- a. Merits can only cancel out strikes given due to a missed practice, uniform infraction, or tardies. Merits can **NOT** cancel out strikes given due to a missed game, missed performance, missed spirit circle, or discipline actions.
- b. Merits must be received prior to the strike being given.
- c. Ways to earn a merit:
 - i. Straight A's on report card- 1 merit
 - ii. Volunteering for extra events (open house, appearance, etc.)- 1 merit
 - iii. Coaches will make members aware of other merit opportunities as they become available.

B. Tardy Policy

- a. A tardy is failure to be in the designated location at the time designated by coach.
- b. Being more than 10 minutes tardy will result in an absence, and will be treated accordingly.
- c. Failure to be on time will result in the following:
 - i. 1st tardy- warning
 - ii. 2nd tardy- 10 updowns per every minute late, up to 10 minutes (Must be made up before the end of practice)
 - iii. 3rd tardy- 1 strike
 - iv. 4th tardy- 2 strikes
 - v. 5th tardy- 3 strike

C. Strike Policy

- a. Not all situations can be predicted, so keep in mind that this is NOT an exhaustive list. Each situation will be handled on a case-by-case basis with the assistance of campus and district administration if needed. Please reference page 10 of the RRISD Cheer Handbook for other examples of behaviors that can lead to suspension/dismissal.
- b. This addendum serves as the one and only “warning” for every member. Any offense that occurs after signing this addendum is open to strikes, benching, or dismissal.
- c. Once a member receives 3 strikes, that member will be benched from the upcoming game and/or performance. Benched cheerleaders are still expected to attend the game/performance in uniform, and sit by Coach. Failure to attend will result in more strikes.
- d. Once a member receives 6 strikes, they will be removed from the program. Please see page 12 of the RRISD Handbook for the policy on a dismissed member.
- e. Examples of strike actions:
 - i. 1 strike actions:
 1. Jewelry at practice, game, or performance
 2. Unexcused absence to a practice
 - a. This includes summer, Thanksgiving break, winter break, and all before and after school practices
 - b. This includes not being able to practice at all due to not dressing out properly
 3. Forgot pom poms for a game or performance
 - ii. 2 strike actions:
 1. Unexcused absence to game or performance
 2. Unexcused absence to practice with no prior communication
 3. Wrong uniform to game or performance
 - iii. 3 strike actions:
 1. Disrespect to Coach, or other adult
 2. Saturday School Assignment

IV. COMMUNICATION/CHAIN OF COMMAND

A. Communication for Information

- a. The Round Rock High School Cheer Program follows a chain of command when information is needed.
- b. The chain of command is as follows:
 - i. JV
 1. Ask 3 teammates
 2. Ask your co-captain
 3. Co-captain asks Captain
 4. Captain asks someone on Varsity
 - ii. Varsity
 1. Ask 3 teammates
 2. Ask an officer
 3. Officer will ask co-captain
 4. Co-Captain will ask Captain
 5. Captain will ask Coach

B. Communication About an Absence or Concern

- a. Any time a coach needs to be made aware of an absence, or a concern, emails need to come from the cheerleader themselves. We are a program that is trying to prepare our athletes for the professional world, and a big part of that is communication. Our athletes need to be responsible for working out their own issues. Coaches will only respond to parent emails if the cheerleader has previously tried to resolve the issue.

RRHS Member/Guardian Signature Page

Members/guardians will need to read and sign each statement below. This page is due to Coach at the time of the other tryout paperwork; failure to turn in by the deadline will result in becoming ineligible for tryouts.

1. I have read and understand the policies and expectations laid out in the ***Round Rock ISD*** Cheer Handbook. I understand that it is my responsibility to know, and abide by these policies and expectations.

Student Signature	Date

Parent/Guardian Signature	Date

2. I have read and understand the policies and expectations laid out in the ***Round Rock High School*** Cheer Addendum. I understand that it is my responsibility to know, and abide by these policies and expectations.

Student Signature	Date

Parent/Guardian Signature	Date

3. I understand the time commitment involved with being a member of the Round Rock High School Cheer Program. I agree to remain available for the dates designated by coaches.

Student Signature	Date

Parent/Guardian Signature	Date

4. I understand that as a member of the Round Rock High School Cheer Program, I may be photographed at various games, performances, or events. I agree to allow photos I may be in to be used and/or posted on public platforms.

Student Signature	Date

Parent/Guardian Signature	Date